

## TO PARTICIPATE, YOU MUST BE:

- English Speaking Hispanic/Latino background
- 18 years old or older
- Currently smoking and feeling stressed or sad

## YOU WILL RECEIVE:

- Free nicotine patches
- Health counseling (video and phone)
- Up to \$170 in Amazon or Target gift cards

### LATINOS ARE

**3x** MORE LIKELY TO  
CONTRACT COVID-19  
THAN THEIR WHITE PEERS.

### FOR MORE INFORMATION

(713) 743-7301 | LABHRT.ORG | labhrt@central.uh.edu

This project has been reviewed by the Institutional Review Board  
at the University of Houston, (713) 743-9204.

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**HEALTH**  
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Take Screener



# WANT TO QUIT SMOKING?

YOU COULD QUALIFY FOR FREE ASSISTANCE IN  
QUITTING WITH A WELLNESS PROGRAM STUDY.